AVOIDING
TRANSITION
TRAIN WRECKS

Successfully Facilitating the Transition of Students From Mental Health Facilities Into Educational Environments
MENTAL HEALTH:
Discharge Rationale

Brief period of time
i.e. inpatient Units, Partial Hospitalization Program, IOP

Extended period of time
i.e. Individual, Family Based, STAR, Cactus... & IEP
Discharge Rationale
Communication Barriers

Mental Health Facilities & Educational Environments
Communication Barriers:
Communication Barriers:
Through Their Eyes

School, Educators, & Administration
STUDENTS SPEAK OUT

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“I've learned that people will forget what you said, people will forget what you did, but people will never forget how
Where’s the work?

I finished some Biology.
During Treatment:
Common Concerns:
Successful Transition Planning
“In general, the stresses of re-entry may ____________ongoing recovery; positive supports can _____________.”

(Torio, Encinosa, Berdahl, McCormick, & Simpson, 2014)
Transition Planning:

________________ Received?
________________ Expectations
________________ Support
________________ Options

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Transition Planning:

- Triggers
- Coping Skills

___________________________ Actions

___________________________

Crisis Plan

________ Check In’s

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Transition Planning:

504 Plan

IEP

Student Assistance Program
Transition Planning:
“There is a moment in our healing journey when our denial crumbles; we realize our experience and it's ___________________ on us won't "just go away". That's our breakthrough moment...”

- Jeanne McElvaney, Healing Insights: Effects of Abuse for Adults Abused as Children -
Scenarios

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