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Dr. Hafeman is a child psychiatrist and researcher at the University of Pittsburgh, specializing in mood disorders. She obtained her MD and PhD (in Epidemiology) from Columbia University, and completed psychiatry residency and child psychiatry fellowship at the University of Pittsburgh. Her research focuses trajectories of risk and resilience in youth at risk for mood disorders (specifically, bipolar disorder), and how these trajectories might be modified. She is currently testing the impact and neural mechanisms of a mindfulness program in early adolescents at high risk for mood disorders.