

Maureen Maher-Bridge, LISW-S
Outpatient Clinician, Division of Psychiatry, The Ohio State University

Maureen Maher-Bridge received her Bachelor Degree in Psychology in 1985 from The Pennsylvania State University and her Master's degree in Social Work from the University of Pittsburgh in 1992. Following graduation from the University of Pittsburgh, Maureen began working for the STAR (Services for Teens at Risk) program at Western Psychiatric Institute and Clinic. She was trained as a certified cognitive therapist through the Cleveland Institute for Cognitive Therapy. Maureen worked as a clinician on several NIMH-funded research grants looking at the efficacy of CBT in the treatment of depression and suicidality in adolescents. Maureen also completed intensive training with Marsha Linehan, Ph.D. in Dialectical Behavior Therapy (DBT). During her time in the STAR clinic Maureen was involved in the development of treatment manuals, psychoeducational materials, conducting trainings and workshops on the treatment of mood and anxiety disorders as well as psychiatric assessment; she has also trained and supervised MSW students.

Maureen is currently working at The Ohio State University as a clinician in the Department of Psychiatry where she continues to work with adolescents and adults diagnosed with mood and anxiety disorders. Maureen has completed extensive training in the CPT (Cognitive Processing Therapy) model of treatment and is part of the STAR (Stress Trauma and Resilience) program where she works with individuals diagnosed with Post Traumatic Stress Disorder.