Paula Marie Powe, MD is a Board-Certified Child and Adolescent Psychiatrist and the Medical Director of the Matilda Theiss Early Childhood and School-Based Behavioral Health Center of the UPMC Western Psychiatric Hospital in Pittsburgh, PA.  Dr. Powe has a passion for infant mental health, optimizing the social and emotional development of children from the ages of zero to three, and the prevention of childhood maltreatment and toxic stress.  She works to educate others about the effects that early traumatic experiences have on a child’s developing brain and the resilience and protective factors that buffer and attenuate them.